

STEP 1 **Choose from...**

**Meat or Fish option**

OR

**Vegetarian option**

OR

**Jacket Potato**



STEP 2 **To go with Vegetables / Salad**



STEP 3 **Then add**



STEP 4 **...and to finish!**  
Choose from a tasty selection of Puddings

Bread and Salad will be available at Lunch Times

## MONDAY

Butchers Sausage

OR

Vegetable Roulade

OR

Salmon & Tomato,  
Grated Cheese,  
Tuna & Sweetcorn,  
Baked Beans, Coleslaw

Baked Beans

Green Beans

Mashed Potato

Cocoa Brownie

OR

Cheese & Biscuits  
Fresh Fruit & Yogurts

## TUESDAY

Chicken Balti

OR

Vegetable Stir-fry

OR

Salmon & Tomato,  
Grated Cheese,  
Tuna & Sweetcorn,  
Baked Beans, Coleslaw

Broccoli

Carrots

Mixed Rice

OR

Noodles

Pineapple Upside-down  
Pudding  
and Custard

OR

Cheese & Biscuits  
Fresh Fruit & Yogurts

## WEDNESDAY

Roast Beef & Yorkshire  
Pudding

OR

Quorn Chilli Tacos

OR

Salmon & Tomato,  
Grated Cheese,  
Tuna & Sweetcorn,  
Baked Beans, Coleslaw

Cabbage

Mixed Veg

Roast Potatoes

OR

Steamed Rice

Cornflake Crunchie

OR

Cheese & Biscuits  
Fresh Fruit & Yogurts

## THURSDAY

Turkey Meatball  
Arrabiatta

OR

Bean & Vegetable  
Cottage Pie

OR

Salmon & Tomato,  
Grated Cheese,  
Tuna & Sweetcorn,  
Baked Beans, Coleslaw

Cauliflower

Mixed Pasta

OR

Homemade Garlic Bread

Pear Bakewell  
and Vanilla Sauce

OR

Cheese & Biscuits  
Fresh Fruit & Yogurts

## FRIDAY

Cod in Batter

OR

Pizza

OR

Salmon & Tomato,  
Grated Cheese,  
Tuna & Sweetcorn,  
Baked Beans, Coleslaw

Peas

Baked Beans

Chips

Strawberry Jelly

OR

Cheese & Biscuits  
Fresh Fruit & Yogurts