

Friday 15<sup>th</sup> May 2020

WALT: To be able to say how you are feeling.

Warm up: Watch and join in with the clip below:

<https://www.youtube.com/watch?v=wf5K3pP2IUQ> – Be the pond – Comic Kids Zen Den – Mindfulness for kids.

Today we are going to complete some PSHE. We are going to think about how we are feeling in these different times that we are currently facing.

This week we are going to complete the first four pages:

1. The front cover.
2. How I feel.
3. My Family
4. Hands and Paws.

Finish by watching 'The Story of my Feelings' by The Laurie Berkner Band.

<https://www.youtube.com/watch?v=3zQJyL821Ic>