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If you need some assistance please refer to the information below or contact us with any queries or concerns you might have by email at [office@margaretroper.croydon.sch.uk](mailto:office@margaretroper.croydon.sch.uk)

Please note we provide funded breakfast club places for all pupils eligible for Pupil Premium.

## Purley Food Hub

A time of crisis can happen to anyone, at any time. Purley Food Hub exists to provide emergency help for local people in crisis who are without food.

Our clients may have lost a job, be suffering from health problems or have experienced a sudden change in their circumstances.

They may have had their benefits stopped or delayed. Whatever the reason, they are unable to buy enough food for their basic needs.

If you are in need of help, we are here to help support you and your family. We will continue to be here to help local people in crisis for as long as we are needed.

[Use the Food Hub – Purley Food Hub](#)

***Our school can assist with confidential referrals to Purley Food Hub. Please contact us for information.***

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## Early Help for Families

To find out more about the support available for you and your family, and how to get the help you need please view Croydon's [Early help leaflet](#).

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## Best Start



Croydon's **Best Start** programme gives their parents and parents-to-be support and help by coordinating the work of health visitors, midwives, early learning practitioners, family nurses, children's centres and voluntary and community organisations.

This means parents only have to explain their situation once and the network of 400 professionals, who are part of the programme, can then tailor a package of support suited to each individual set of circumstances.

More information about Best Start is available on [Facebook](#)

## **Disability and Special Needs**

Croydon Council provides help and advice for parents and carers of children with a disability or special educational needs. You can find more information here:

[Croydon Council advice on disability](#)

[Croydon Council advice on special needs](#)

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## **Domestic Abuse – Advice and Support**

Domestic Abuse is any incident or pattern of incidents of controlling, coercive or threatening behaviour, violence or abuse between those aged 16 or over who are or have been intimate partners or family members regardless of gender or sexuality.

Help is available for you at the FJC. The centre is run by a multi-disciplinary team that works to provide you and your family access to support services. The aim is to listen and respond to your needs in a safe way. For more information and how to contact the [FJC – click here](#)

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## **EMOTIONAL WELLBEING**

**MIND** Information line 0300 123 3393 or Email: [Info@mind.org.uk](mailto:Info@mind.org.uk) or Text 86463

**Young Minds** Text YM 85258

**Parents' Helpline** Telephone: 0808 802 5544

**Samaritans** Telephone: 116 123 Website: [Samaritans of Croydon and Sutton](#)

**NSPCC** Telephone: 0808 800 5000 Email: [help@nspcc.org.uk](mailto:help@nspcc.org.uk)

**CHILDLINE** Telephone: 0800 1111