# contract catering

Apr to Oct 2023

# WEEKLYMENU

**THURSDAY** 

Chicken Pie 1

Arabiatta Pasta Twists 1 va

Jackets with a

Choice of Toppings 7,8,9

**New Potatoes** 

Seasonal Vegetables

Peach Sponge 1,9

Mr Nourish Biscuit 1

Yoghurt 7

Fruit Pots

Cottage Pie

Cheesy Pasta Twists 1,7 v

Jackets with a

Choice of Toppings 7,8,9

Carrots. Green Beans

Lemon Drizzle Cake 19

Mr Nourish Biscuit 1

Yoghurt 7

Fruit Pots

Penne Bolognaise 1

Rice & Bean Burrito 1 vg

Jackets with a

Choice of Toppings 7,8,9

Baked Wedges

Seasonal Vegetables

Beetroot Cake 1.9

Mr Nourish Biscuit 1

Yoahurt 7

Fruit Pots

REMEMBER... RECEPTION, YEAR 1 & YEAR 2 ARE ENTITLED TO FREE SCHOOL MEALS. THIS EXCLUDES INDEPENDENT SCHOOLS.



Dishes marked with any of the following

numbers contain

the matching

allergen:

1 Wheat Gluten

2 Crustaceans

3 Soybean

4 Mustard

**5** Sesame

6 Sulphites/

Sulphur Dioxide

7 Milk 8 Fish

9 Egg

10 Peanuts

11 Molluscs

12 Celeriac/Celery

**13** Nuts

14 Lupins

15 Oat Gluten



#### WEEK 1

17th April 15th May

19th June 17th July 25th Sept

23rd Oct

#### WEEK 2

24th April

22nd May 26th June

4th Sept

2nd Oct

#### **MONDAY**

Macaroni Cheese 1,7 v Vegetable Hot Pot va Jackets with a Choice of Toppings 7,8,9

> Green Beans Carrots

Ice Cream 7 Mr Nourish Biscuit 1 Fruit Pots

Vegetable Pie 1 vg

Cheese & Bean Wrap Pocket 1,7 v

Jackets with a

Choice of Toppings 7,8,9

**New Potatoes** 

Seasonal Vegetables

Banana in Chocolate Custard 7

Mr Nourish Biscuit 1

Fruit Pots

Margherita Pizza 1,3,7,9 v

Loaded Cajun Bean Wedges vg

Jackets with a

Choice of Toppings 7,8,9

Jackets with a Choice of Toppings 7,8,9 Rainbow Rice Sweetcorn, Courgettes

**TUESDAY** 

BBQ Pulled Pork in a Bun 1,5

Herby Tomato Penne Pasta 1 vg

Chocolate Pudding 1,9 & Chocolate Sauce 7 Mr Nourish Biscuit 1 Fruit Pots

Sweet Chicken Curry Cheese Topped Pasta Bake 1,7 v Jackets with a Choice of Toppings 7,8,9

> Rice. Carrots Cauliflower

Apple Crumble 1 & Custard 7 Mr Nourish Biscuit 1 Fruit Pots

Sweet & Sour Pork Cheesy Pasta Bows 1,7 v Jackets with a Choice of Toppings 7,8,9

> Rice, Cauliflower Carrots

Jam Tart 1.6 & Custard 7 Mr Nourish Bisquit 1 Fruit Pots

Roast Chicken & Gravy Cheesy Vegetable Burrito 1.7 v Jackets with a Choice of Toppings 7,8,9

WEDNESDAY

Rustic Roast Potatoes Jollof Rice, Cabbage, Carrots

> Fruit Jelly Mr Nourish Biscuit 1 Yoghurt 7 Fruit Pots

Roast Pork & Gravy Caribbean Pasty 1 vg Jackets with a Choice of Toppings 7,8,9

Rustic Roast, Broccoli Sweetcorn

Crispy Cake 3,7,16 Mr Nourish Biscuit 1 Yoghurt 7 Fruit Pots

Toad in the Hole 1,6,7,9 Vegetable Toad in The Hole 1,7,9 v Jackets with a Choice of Toppings 7,8,9

> Rustic Roast Potatoes Cabbage, Peas

Fruit Jelly Mr Nourish Biscuit 1 Yoghurt 7 Fruit Pots

Roast Gammon & Gravy

Vegan Sausage Roll 1 va

Jackets with a

Choice of Toppings 7,8,9

**Rustic Roast Potatoes** 

Green Beans, Carrots

Chocolate Cornflake Cake 3.7.16

Mr Nourish Biscuit 1

Yoghurt 7

Fruit Pots

Chicken Fajitas 1,4 Tomato Spaghetti 1 vg Jackets with a Choice of Toppings 7,8,9

Rice, Sweetcorn, Side Salad

Traybake Pancake 1.7.9 & Berry Sauce Mr Nourish Biscuit 1 Fruit Pots, Yoghurt 7

## **FRIDAY**

Fish Fingers 1,8 Cheese & Spinach Pinwheel 1,7 v Jackets with a Choice of Toppings 7,8,9

Chips, Peas Baked Beans, Coleslaw 9

> Banana Bar 1.15 Yoghurt 7 Fruit Pots

Fish Fingers 1,8 Summer Frittata 9 v Jackets with a Choice of Toppings 7,8,9

Chips, Peas Baked Beans, Cucumber Sticks

> Caramel Cookie 1.7 Yoghurt 7 Fruit Pots

16 Barley Gluten Allergen ccreditation

#### WEEK3

1st May

5th June

3rd July

11th Sept 9th Oct

**New Potatoes** Sweetcorn **Peppers** 

Ice Cream 7 Mr Nourish Biscuit 1 Fruit Pots

Meatfree Meatballs & Pasta 1 vg Quorn Sausage & Bean Pie 1 vg Jackets with a Choice of Toppings 7,8,9

> Cauliflower Carrots

Peach Crumble 1 & Custard 7 Mr Nourish Biscuit 1 Fruit Pots

Beef & Onion Pie 1 Cheesy Pasta Twists 1,7 v Jackets with a Choice of Toppings 7,8,9

New Potatoes Seasonal Vegetables

Strawberry Pot 7 Mr Nourish Biscuit 1 Fruit Pots

Fish Fingers 1,8 Cheesy Bean Slice 1,7 v Jackets with a Choice of Toppings 7,8,9

Chips, Peas Baked Beans, Coleslaw 9

> Brownie 1.9 Yoghurt 7

Fruit Pots Salmon Fish Cakes 1,7,8

Margherita Pizza 1,3,7,9 v Jackets with a Choice of Toppings 7,8,9

Chips, Peas Baked Beans, Carrot Sticks

> Oaty Biscuit 1.15 Fruit Pots, Yoghurt 7

### WEEK 4

8th May

12th June

10th July

18th Sept

16th Oct









