LUNCHTIME CO®

WEEK 1 MENU

WEEKS: 02/11, 23/11, 14/12, 18/01, 8/02, 8/03

Margaret Roper Catholic Primary School

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Mac & cheese with cheesy vegetable sauce, herb crust, homemade soda bread and seasonal vegetables	Mexican style beef & bean tacos, served with vegetable rice and selection of sides	Roast chicken served with potatoes, carrots, broccoli & gravy	Lunchtime BBQ brunch Chicken sausages, hash browns & coleslaw and corn on the cob	Fish fingers or salmon fish fingers served with chips, garden peas or baked beans
MEAT FREE	Mac & cheese with cheesy vegetable sauce, herb crust, homemade soda bread and seasonal vegetables	Cheese & tomato pinwheels served with vegetable rice & seasonal vegetables	Cauliflower cheese & leek turnover served with potatoes, carrots, broccoli & gravy	Lunchtime BBQ brunch Quorn sausages, hash browns & coleslaw and corn on the cob	Vegan sausage roll served with chips, garden peas or baked beans
PASTA & JACKETS	Jacket potato with choice of toppings served with fresh salad	Jacket potato with choice of toppings served with fresh salad	Jacket potato with choice of toppings served with fresh salad	Jacket potato with choice of toppings served with fresh salad	Jacket potato with choice of toppings served with fresh salad
LUNCHTIME LUNCHBOX	Cheese sandwich served with fresh salad from the salad bar	Chicken & sweetcorn mayo baguette served with fresh salad from the salad bar	Tuna & cucumber Mayo Sandwich served with fresh salad from the salad bar	Coronation chicken sandwich served with fresh salad from the salad bar	Fish Finger baguette served with fresh salad from the salad bar
DESSERTS	Choose one of our fabulous desserts chocolate brownie fruity jelly fresh fruit pot	Choose one of our fabulous desserts apple & pear crumble with warm vanilla custard natural yogurt & coulis fresh fruit pot	Choose one of our fabulous desserts oat flapjack fruity jelly fresh fruit pot	Choose one of our fabulous desserts chocolate & cherry gateau natural yogurt & coulis fresh fruit pot	Choose one of our fabulous desserts cinnamon shortbread with fruit slice fruity jelly fresh fruit pot

Making lunchtime the highlight of your day

LUNCHTIME CO®

WEEK 2 MENU

WEEKS: 09/11, 30/11, 4/01, 25/01, 22/02, 15/03

Margaret Roper Catholic Primary School

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Margaritta pizza served with baked rainbow wedges, seasonal vegetables	Marinated jerk chicken thigh served with jollof rice, peas & carrots	Chicken sausage served with potatoes, Yorkshire pudding, carrots, broccoli & gravy	Italian style bolognese served with pasta, focaccia & mixed vegetables	Breaded fish fillet served with chips, garden peas or baked beans
MEAT FREE	Rainbow pizza served with baked rainbow wedges, seasonal vegetables	Vegetable & black bean jerk stew, jollof rice served with peas & carrots	Quorn sausage served with potatoes, yorkshire pudding, carrots, broccoli & gravy	Italian vegetable bolognese in a rich tomato sauce served with pasta, focaccia & mixed vegetables	Vegetable nuggets served with chips, garden peas or baked beans
PASTA & JACKETS	Jacket potato with choice of toppings served with fresh salad	Jacket potato with choice of toppings served with fresh salad	Jacket potato with choice of toppings served with fresh salad	Jacket potato with choice of toppings served with fresh salad	Jacket potato with choice of toppings served with fresh salad
LUNCHTIME LUNCHBOX	Cheese sandwich served with fresh salad from the salad bar	Chicken & sweetcorn mayo baguette served with fresh salad from the salad bar	Tuna & cucumber Mayo Sandwich served with fresh salad from the salad bar	Coronation chicken sandwich served with fresh salad from the salad bar	Fish Finger baguette served with fresh salad from the salad bar
DESSERTS	Choose one dessert our chocolate shortbread with orange wedge fruity jelly fresh fruit pot	Choose one of our fabulous desserts orange syrup & semolina sponge natural yogurt & coulis fresh fruit pot	Choose one of our fabulous desserts oat & apricot cookie fruity jelly fresh fruit pot	Choose one of our fabulous desserts pumpkin spice iced sponge natural yogurt & coulis fresh fruit pot	Choose one of our fabulous desserts secret garden muffins (chocolate & courgette) fruity jelly fresh fruit pot

Making lunchtime the highlight of your day

LUNCHTIME CO®

WEEK 3 MENU

WEEKS: 16/11, 7/12, 11/01, 01/02, 01/03, 22/03

Margaret Roper Catholic Primary School

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Tex mex vegan mince & cheese burrito served with mixed vegetables or fresh salad	Chicken Curry served with rice, naan bread finger & mixed vegetables	Lemon & herb roast chicken served with potatoes, carrots, broccoli & gravy	Beef lasagna served with homemade garlic bread & mixed vegetables or fresh salad	Fish fingers served with chips, garden peas or baked beans
MEAT FREE	Tex mex vegan mince & cheese burrito served with mixed vegetables or fresh salad	Lentil dahl served with rice, naan bread finger & mixed vegetables	Leek wellington served with potatoes, carrots, broccoli & gravy	Vegetable lasagna served with homemade garlic bread & mixed vegetables or fresh salad	Fishless fish fingers served with chips, garden peas or baked beans
PASTA & JACKETS	Jacket potato with choice of toppings served with fresh salad	Jacket potato with choice of toppings served with fresh salad	Jacket potato with choice of toppings served with fresh salad	Jacket potato with choice of toppings served with fresh salad	Jacket potato with choice of toppings served with fresh salad
LUNCHTIME LUNCHBOX	Cheese sandwich served with fresh salad from the salad bar	Chicken & sweetcorn mayo baguette served with fresh salad from the salad bar	Tuna & cucumber Mayo Sandwich served with fresh salad from the salad bar	Coronation chicken sandwich served with fresh salad from the salad bar	Fish Finger baguette served with fresh salad from the salad bar
DESSERTS	Choose one of our fabulous desserts caramel mousse with banana fruity jelly fresh fruit pot	Choose one of our fabulous desserts syrup sponge with warm vanilla custard natural yogurt & coulis fresh fruit pot	Choose one of our fabulous desserts oat & raisin frosted flapjack fruity jelly fresh fruit pot	Choose one of our fabulous desserts vanilla ice-cream & fruit sauce natural yogurt & coulis fresh fruit pot	Choose one of our fabulous desserts Chocolate Orange crunch fruity jelly fresh fruit pot

Making lunchtime the highlight of your day