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Wednesday 15th June 2022

Dear Parents & Carers,

Our school's response to the current heatwave – precautions

As you are aware we are enjoying lovely weather, with temperatures expected to rise into the 30's on some days this week, and possibly as high as 34 degrees on Friday. This presents the possibility that children may become very uncomfortable in the extreme temperatures. We are taking steps to mitigate against this, for instance:

- Ensuring that classrooms are well ventilated, windows are open, blinds are down to create some shade and avoid direct sunlight beaming in.
- Reminding pupils about hydration, provide cups of water (cups can be obtained from the school kitchen) for pupils who do not have water bottles, allowing pupils to refill their water bottles at need.
- Allowing pupils some cool down time in class, particularly after break and lunchtime.
- Talking to the children about sensible use of shade, cool down times on the playground - so that they are not running around all the time and overheat. Encouraging use of shade actively with pupils.
- Being particularly aware of pupils with asthma, hay fever and other conditions that may cause them distress and managing this.
- Additional water will be available on the playground for pupils to refill their water bottles.
- In PE sessions, allowing for time to have the children find shade and take a rest, if it feels very hot. Considering if PE sessions should take place outdoors or be shortened in duration if it feels very hot.
- Insisting on the use of sunhats when outdoors.
- Actively encouraging the application of sun screen before outside sessions/playtimes

Through careful management of the temperatures, we will try to ensure that the children stay healthy and are not stressed by the high temperatures.

How you can help us:

Please ensure that your child has a water bottle and sun hat in school every day. Please make sure these are named.

Apply sunscreen to children before the start of the school day. As evidence shows that its effectiveness fades after a few hours, show them how to apply it and send some in with them, which we can ask them to apply before going outside.

In this way, we will try to ensure that we mitigate the high temperatures and enjoy the sunny weather, rather than being very uncomfortable in it

Many thanks

Mr Mooney

Caring, Learning and Achieving together as part of God's Family